वार्षिक प्रतिवेदन/ ANNUAL REPORT
शैक्षणिक सत्र 2025–2026

1. प्राक्कथन

भारती कॉलेज NCWEB केंद्र का शैक्षणिक सत्र 2025–2026 अपनी समाप्ति की दहलीज पर है। प्रत्येक सत्र अपने साथ नई चुनौतियाँ और नवीन अवसर लेकर आता है; शिक्षक प्रभारी के रूप में यह वर्ष हमारे केंद्र के लिए भी इसी प्रकार अनुभव का संगम रहा। विगत सत्र उपलब्धियों और महत्वाकांक्षाओं से परिपूर्ण रहा यह केंद्र के लिए सीखने, नेतृत्व एवं सहभागिता का एक जीवंत उदाहरण बनकर उभरा।

इस वर्ष केंद्र में बौद्धिक परिचर्चाओं, वाद-विवाद प्रतियोगिताओं, कौशल विकास कार्यशालाओं, व्याख्यान श्रृंखलाओं, 'Athena' खेल दिवस, सेमिनारों, सांस्कृतिक कार्यक्रमों, वित्तीय आत्मनिर्भरता सत्रों, आत्मरक्षा प्रशिक्षण तथा शारीरिक एवं मानसिक स्वास्थ्य शिविरों का सफल आयोजन किया गया। हमारा मूल उद्देश्य छात्राओं का सर्वांगीण विकास करते हुए उन्हें आज की प्रतिस्पर्धात्मक चुनौतियों के लिए सुसज्जित करना है। मुझे विश्वास है कि इन विविधतापूर्ण कार्यक्रमों से छात्राओं में ज्ञान, आत्मबल, नेतृत्व क्षमता एवं व्यावसायिक कुशलता का सार्थक विकास हुआ है।

2. सत्र का शुभारंभ

शैक्षणिक सत्र 2025–2026 का औपचारिक शुभारंभ 7 सितंबर, 2025 को आयोजित ओरिएंटेशन कार्यक्रम से हुआ। इस अवसर पर केंद्र के संकाय सदस्यों ने नई शिक्षा नीति (NEP) की संरचना तथा विभिन्न विषयों की विस्तृत जानकारी नव-प्रवेशित छात्राओं को प्रदान की। वरिष्ठ छात्राओं ने केंद्र की नवीन पहलों, विभिन्न समितियों, सोशल मीडिया हैंडल्स तथा केंद्र की वार्षिक पत्रिका 'VIHAAN' से सभी को परिचित कराया। इस आयोजन ने नई छात्राओं को केंद्र के परिवेश से जोड़ने और आत्मविश्वास के साथ सत्र आरंभ करने में महत्वपूर्ण भूमिका निभाई।

3. अकादमिक उपलब्धियाँ

केंद्र शैक्षणिक उत्कृष्टता के प्रति सदैव प्रतिबद्ध रहा है। विगत सेमेस्टर परीक्षाओं में हमारी मेधावी छात्राओं ने अत्यंत प्रशंसनीय प्रदर्शन किया, जो नीचे विस्तारित है:

दृष्टि मिश्रा: बीए प्रोग्राम, तृतीय सेमेस्टर — 9.00 CGPA
ब्रहमलीन कौर: बीए प्रोग्राम, प्रथम सेमेस्टर — 9.00 CGPA
हरलीन कौर: बीकॉम प्रोग्राम, तृतीय सेमेस्टर — 8.73 CGPA

3.1 विशेष पुरस्कार एवं प्रकाशन

छात्रा सुश्री गुलफशा हारून (बीए प्रोग्राम, षष्ठ सेमेस्टर) ने दिल्ली विश्वविद्यालय एनसीवेब तथा ICSSR द्वारा संयुक्त रूप से आयोजित दो दिवसीय राष्ट्रीय संगोष्ठी 'भारतीय संविधान की बेटियाँ: विकसित भारत@2047 की ओर सशक्तिकरण के 75 वर्ष' में सर्वश्रेष्ठ शोध पत्र पुरस्कार प्राप्त किया। उनके शोध पत्र का शीर्षक था — "The Modern Face of Old Beliefs: Gender Stereotypes in Modern Era"। इस संगोष्ठी में केंद्र की अन्य छात्राओं एवं शिक्षकों ने भी सक्रिय भागीदारी निभाई।

तनिष्का रावत (बीए प्रोग्राम, चतुर्थ सेमेस्टर) को 'The Aspiring Authors' द्वारा आयोजित राष्ट्रीय लेखन प्रतियोगिता 2026 में पुरस्कृत किया गया। उनकी रचना संकलन "Dew Drops: The Aspiring Authors Anthology" में प्रकाशित होगी। इसके अतिरिक्त अनेक छात्राओं ने एनसीवेब के विभिन्न केंद्रों द्वारा आयोजित प्रतियोगिताओं में प्रतिभागिता कर केंद्र का नाम उज्जवल किया।

3.2 श्रेष्ठा छात्रवृत्ति योजना **—** अभिनव पहल

प्राचार्या प्रो.(डॉ.) सलोनी गुप्ता के कुशल मार्गदर्शन में केंद्र ने इस सत्र एक महत्त्वपूर्ण योजना 'एनसीवेब भारती श्रेष्ठा, 2025' का सूत्रपात किया। इस योजना के अंतर्गत

- बीए एवं बीकॉम प्रोग्राम की सर्वोच्च अंक प्राप्त छात्राओं को 'प्रतिभा छात्रवृत्ति' प्रदान की जाएगी।
- 'सावित्रीबाई फुले छात्रवृत्ति' के माध्यम से अन्य मेधावी छात्राओं को भी वित्तीय सहायता उपलब्ध करायी जाएगी।
- इस योजना का उद्देश्य छात्राओं में सकारात्मक प्रतिस्पर्धा को प्रोत्साहित करना और शैक्षणिक उत्कृष्टता को पुरस्कृत करना है।

4. व्याख्यान श्रृंखला एवं संगोष्ठियाँ

छात्राओं में शोध-वृत्ति और विश्लेषणात्मक क्षमता को पोषित करने के उद्देश्य से केंद्र ने इस सत्र सुव्यवस्थित व्याख्यान माला का आयोजन किया। प्रत्येक व्याख्यान एक राष्ट्रीय या सामाजिक महत्त्व के विषय से जुड़ा हुआ था, जिससे छात्राएँ समसामयिक मुद्दों के प्रति जागरूक हो सकें।

- 28 सितंबर, 2025 | डॉ. शिवपूजन पाठक
  जम्मू-कश्मीर अधिनियम (अनुच्छेद 370) — विलय दिवस के उपलक्ष्य में
- तत्पश्चात् | प्रो. अल्पना मिश्र
  स्त्री सशक्तिकरण — एक समग्र दृष्टि
- 12 अप्रैल, 2026 | अधिवक्ता नमिता चौधरी
  नारी शक्ति वंदन अधिनियम — महिला आरक्षण एवं संवैधानिक प्रावधान
- 23 नवंबर, 2025 | प्रो. उज्जवल कुमार सिंह
  संविधान दिवस — संविधान की अवधारणा, मौलिक अधिकार एवं कर्तव्य
- डॉ. दयाधर राजश्रीवास्तव, सुश्री अलका वाही एवं श्री संदीप कुमार
  वित्तीय नियोजन — बचत, निवेश एवं आर्थिक जागरूकता

▸ 'Superwoman in You' — व्यक्तित्व विकास एवं आत्म-साक्षात्कार

नारी शक्ति वंदन अधिनियम के समर्थन में आयोजित हस्ताक्षर अभियान में छात्राओं, शिक्षक तथा गैर-शिक्षण कर्मचारियों ने बड़ी संख्या में भाग लिया। संविधान दिवस समारोह के अवसर पर एक मॉक पार्लियामेंट का भी आयोजन किया गया जिसमें राजनीति विज्ञान के शिक्षकों की अध्यक्षता में लगभग 50 छात्राओं ने सक्रिय भागीदारी की।

5. मानसिक स्वास्थ्य एवं परामर्श **— ASRA** क्लब

छात्राओं के मानसिक एवं भावनात्मक स्वास्थ्य को प्राथमिकता देते हुए केंद्र ने 'Awareness, Support, Resilience, Acceptance (ASRA)' काउंसलिंग क्लब का गठन किया। सुश्री सिमरन भासीन के सुयोग्य मार्गदर्शन में इस क्लब के अंतर्गत नियमित परामर्श सत्र, समूह गतिविधियाँ एवं जागरूकता कार्यक्रम संचालित किए गए।

छात्राओं की प्रशासनिक एवं व्यक्तिगत समस्याओं के त्वरित समाधान हेतु 'कैंपस कनेक्ट' पहल भी प्रारंभ की गई, जहाँ छात्राएँ अपनी किसी भी कठिनाई के लिए प्रत्यक्ष सहायता प्राप्त कर सकती हैं। इन प्रयासों ने परिसर में एक सहायक एवं सकारात्मक वातावरण के निर्माण में महत्त्वपूर्ण योगदान दिया है।

6. सह**-**पाठ्यक्रम गतिविधियाँ एवं कौशल विकास

छात्राओं के समग्र व्यक्तित्व को परिष्कृत कर उन्हें आधुनिक जीवन की चुनौतियों के लिए प्रस्तुत करना केंद्र की प्राथमिकता रही है। शिक्षा के साथ-साथ सह-पाठ्यक्रम गतिविधियों के महत्त्व को दृष्टिगत रखते हुए इस सत्र निम्नलिखित कार्यक्रम आयोजित किए गए:

- युवा अभ्युदय कार्यक्रम
- एकत्व — एकता एवं सद्भाव पर्व
- महिला दिवस समारोह
- हिंदी दिवस उत्सव
- 'Athena' खेल दिवस — बाह्य गतिविधियों एवं टीम भावना का उत्सव
- विविध प्रतियोगिताएँ — भाषण, निबंध, वाद-विवाद, रंगोली आदि
- सांस्कृतिक कार्यक्रम — नृत्य, गायन एवं नाट्य प्रस्तुतियाँ

6.1 कौशल**-**आधारित प्रशिक्षण

छात्राओं को आर्थिक आत्मनिर्भरता की दिशा में अग्रसर करने हेतु 'सक्षम भारत' के सहयोग से सात-दिवसीय 'Nail Art Extension' तथा 'IT Course' का व्यावसायिक प्रशिक्षण दिया गया। इसके साथ ही 'कलाकृति द आर्ट एंड कल्चर सोसायटी' का गठन किया गया, जिसका उद्देश्य छात्राओं की कलात्मक प्रतिभा को एक सुव्यवस्थित मंच प्रदान कर उन्हें सृजनात्मक रूप से आत्मनिर्भर बनाना है।

6.2 डिजिटल उपस्थिति एवं सोशल मीडिया

सूचना प्रौद्योगिकी के इस युग में केंद्र की पहचान को डिजिटल माध्यमों पर सुदृढ़ करने के लिए मिस्टर इश्तियाक अहमद के संयोजन में भारती कॉलेज एनसीवेब केंद्र का Instagram Account एवं YouTube Channel सक्रिय किया गया। छात्राओं द्वारा निर्मित वीडियो एवं रीलें व्यापक रूप से प्रशंसित हो रही हैं। केंद्र की निदेशक डॉ. गीता भट्ट ने छात्राओं के इस उद्यमशील प्रयास की विशेष सराहना की। इसका उद्देश्य छात्राओं को विलुप्त होती भारतीय लोक-परंपराओं और लोक-कलाओं से परिचित कराना है। इस पहल से छात्राएं हमारी संस्कृति और परंपरा से जुड़कर विभिन्न कलाओं जैसे: नृत्य, संगीत, हस्तशिल्प, अभिनय कला में हुनर सीख रही है। यह पहल छात्राओं को समय-समय पर कॉलेज परिसर में लगी प्रदर्शनी में अपने क्रोशिया कला,हस्तशिल्प,पारंपरिक व्यंजन,
चित्रकारी,लिप्पन आर्ट आदि का स्टाल लगाकर आर्थिक रूप से आत्मनिर्भर बना रही है। अगले सत्र में हमारा प्रयास होगा कि इन छात्राओं को कॉलेज परिसर के बाहर भी प्रदर्शनी लगाने का अवसर मिले। हमें आशा है, कि स्वचालित कलाकृति की छात्राएं कला के माध्यम से हुनरमंद हों और आत्मनिर्भर बनें।

7. शैक्षणिक भ्रमण

यात्रा ज्ञान और अनुभव दोनों का अद्वितीय संयोजन है। इसी विश्वास के साथ केंद्र ने इस सत्र दो महत्त्वपूर्ण भ्रमण कार्यक्रमों का आयोजन किया:

मनाली भ्रमण (नवंबर 2025): चार दिवसीय इस यात्रा में शिक्षक, गैर-शिक्षण कर्मचारी एवं छात्राओं ने हिमाचल की प्राकृतिक सुंदरता के बीच जीवन के अनुभव प्राप्त किए। इस यात्रा ने न केवल आनंद प्रदान किया, अपितु सामूहिक सौहार्द एवं अनुशासन का भाव भी सुदृढ़ किया।

राष्ट्रीय संग्रहालय, दिल्ली (शैक्षणिक यात्रा): अनु मैम के समन्वय में आयोजित इस यात्रा में छात्राओं को भारत की ऐतिहासिक एवं सांस्कृतिक धरोहर से प्रत्यक्ष परिचय का अवसर मिला।

8. बाह्य मान्यता एवं प्रशस्ति

केंद्र द्वारा सामाजिक जागरूकता के क्षेत्र में किए गए उल्लेखनीय प्रयासों के फलस्वरूप दो प्रतिष्ठित संस्थाओं द्वारा प्रशस्ति प्रदान की गई:

- BLK MAX अस्पताल, दिल्ली — स्वास्थ्य जागरूकता कार्यक्रमों में सक्रिय सहभागिता हेतु।
- 'Youth Engagement Programme', Whisper India किशोर स्वास्थ्य एवं स्वच्छता जागरूकता में योगदान हेतु।

9. अवसंरचना विकास

केंद्र के संसाधनों को सुदृढ़ करने की दिशा में इस वर्ष कम्प्यूटर सिस्टम तथा कॉफी मशीन की व्यवस्था की गई, जिससे केंद्र के कार्यकलापों में दक्षता और सुविधा दोनों में वृद्धि हुई है।

10. आभार एवं समापन

विगत शैक्षणिक सत्र सफलता, सीख और अनुभव का सुंदर समन्वय रहा। आगामी सत्र में हम इन योजनाओं को और अधिक परिपक्वता के साथ क्रियान्वित करने के लिए संकल्पबद्ध हैं।

मैं प्राचार्या प्रो. (डॉ.) सलोनी गुप्ता जी के प्रति हृदय से कृतज्ञता एवं अभिनंदन व्यक्त करता हूँ। उनका अटूट विश्वास और दिशा-निर्देश केंद्र के प्रत्येक प्रयास की आधारशिला रहे।

प्रत्येक केंद्र की नींव उसके शिक्षक एवं गैर-शिक्षण कर्मचारी होते हैं। मैं विशेष रूप से कोर कमेटी के सदस्यों सुश्री रुबीना भारद्वाज, श्रीमती ज्योति अरोड़ा, डॉ. निवेदिता, इश्तियाक अहमद एवं सचिन, डॉ. तेज प्रताप का विशेष आभार व्यक्त करता हूँ। उनके अथक परिश्रम एवं सहयोग के बिना इन गतिविधियों का सुचारू संचालन संभव नहीं होता।

मेरे गैर-शिक्षण कर्मचारीगण साथी जितेंद्र, हेमंत, सज्जन, कलंदर, नायक जी, सुश्री साक्षी, श्रीमती सुष्मिता, राम अवध, किरण, सुभाष जी एवं भारती जी के निरंतर सहयोग के लिए हृदय से धन्यवाद।

The NCWEB Bharati College Centre launched its 2025–26 academic year with great energy and anticipation. What followed was an incredibly rewarding session marked by impactful events and programs. These activities served to enlighten our students and faculty alike, ensuring that every occasion left a lasting impression of growth and learning.

As the Teacher-in-Charge, I am pleased to share that the NCWEB Centre at Bharati College successfully organised its first-year Orientation Programme for the 2025-26 academic session on September 7, 2025, at the College Auditorium. The event began with a traditional Saraswati Vandana dance performance by a student, setting a vibrant and auspicious tone for our freshers. During my official address, I warmly welcomed the incoming batch and extended my sincere gratitude to our Principal, Prof. (Dr.) Saloni Gupta, for her constant guidance and support. To help students understand their new academic home, faculty member Ms. Rubina Bhardwaj introduced them to the rich history and foundational structure of NCWEB. We focused heavily on easing their academic transition, with Mr. Lalit, Ms. Nivedita, and Mr. Ishtiaque detailing the NEP curriculum, specific course papers, and our annual magazine, Vihaan 2025. Senior students also took the stage to apprise the freshers regarding our various active societies and official social media handles for better engagement. Additionally, the non-teaching staff members were formally introduced to ensure students knew who to approach for administrative help. The entire program ran seamlessly thanks to the proactive coordination of our dedicated faculty members and energetic student volunteers. A major highlight of the day was an interactive session that fostered open dialogue and allowed the new students to build initial campus connections. We concluded the successful event by distributing

surprise gifts, leaving our freshers feeling motivated and well-equipped to leverage the institutional resources and community support here at Bharati College.

I am proud to share that we successfully celebrated Hindi Diwas on September 21, 2025, under the guidance of Deputy Teacher-In-Charge Vasundhara Sharma and myself. Dr. Nivedita, along with our dedicated coordinating teachers, designed the frameworks for five distinct competitions aimed at showcasing student talent.The celebrations commenced at 1:00 PM with a lively poetry recitation coordinated by Ms. Manisha Pal and Ms. Lalita, which drew enthusiastic participation from 13 students. Following this, Dr. Rajeev Ranjan and Mr. Ashish led a creative poster-making event, where approximately 10 students displayed exceptional imagination and artistic skill. The event continued with a calligraphy competition judged by Dr. Pratyay Amrit and Dr. Nivedita, who evaluated around 12 participants on handwriting elegance and spelling accuracy. Next, an intense extempore speech competition was judged by Dr. Dinesh and Dr. Nivedita; during this event, five students demonstrated sharp analytical knowledge and logical reasoning within a strict five-minute limit. Finally, a dynamic quiz competition tested the Hindi literature and general knowledge of roughly 25 enthusiastic participants, under the supervision of Mr. Krishna Kant and Ms. Abhilasha. This entire celebration achieved its highly successful conclusion thanks to the vital guidance of our teachers and the collaborative efforts of our student volunteers.

On September 28, 2025, the NCWEB Centre, organized a successful talk on "Vilay Divas: The Accession of Jammu and Kashmir". The event featured Dr. Shiv Poojan Pathak, former Associate Professor at the Dr. Ambedkar International Centre, who shared expert insights on the Instrument of Accession and the Supreme Court's verdict on Article 370. With over 100 students and faculty in attendance, including Dr. Indu Baghel and Dr. Lookey Khanna, the two-hour session was highly interactive and engaging. Dr. Pathak praised the students' enthusiastic participation, which defined the event's academic tone. Following concluding remarks by Ms. Rubina Bhardwaj, I joined Principal Prof. Saloni Gupta, Dr. Suman, and colleagues in presenting a plant and painting to Dr. Pathak. The event concluded with a group photo, marking a memorable and educational day for our Department of Political Science.
Our NCWEB Bharati College started it’s distinguished Guest Lecture Series with an insightful and engaging lecture by Prof. Alpana Mishra on 5th of October 2025. The event was presided over by Dr. Abhishek Puneet and Dr. Nivedita with the attendance of students and faculties of the Centre. The lecture commenced with addressing women empowerment and it’s quintessential nature in present. Though the society is changing and progressing at a new pace, conditioning framework emerges as a barrier constraining and individual’s ability to achieve. Through this segments our students felt empowered by relating to the contemporary examples as well as learnt to importance of education to lead a better future.

The mountains called, and our students answered with unmatched enthusiasm. The college trip to Manali concluded with immense joy and success. From November 18 to November 22, 2025, our students embarked on a journey that exceeded all expectations. They set off from the Bharati College campus with hearts full of excitement and energy. Throughout the excursion, they embraced every challenge and adventure the scenic landscape offered. The group returned safely, filled with unforgettable experiences and beautiful stories. Beyond the sightseeing, the trip fostered deep, new friendships among the participating peers. At NCWEB Bharati College, we strive to nurture strong, independent, and confident women. I watched our students transform into young leaders who can face any mountain with courage. This journey served as a vital, practical step forward in their personal growth and independence. The cool breeze and blue skies of Manali will long linger in our collective memories. It was a privilege to witness their laughter, learning, and shared moments of discovery. Moving forward, I look forward to leading many more adventures with our incredible students. This successful trip stands as a testament to our college's vibrant community spirit.

On November 23, 2025, our Centre organized an Academic Seminar and Mock Parliament to celebrate Constitution Day with the ethos of Justice, Liberty, Equality, and Fraternity. The program was organised under my leadership as Teacher-in-Charge, alongside Dr Indu Baghel, Convenor, Dr Nivedita and Mr Sachin, Co-ordinator, with active involvement of faculty members across disciplines and enthusiastic participation from students. Our collective goal was to move beyond classroom-based instruction to promote awareness of the Indian Constitution, encourage active citizenship, and provide women students with a practical platform for leadership. The programme commenced with a brilliant lecture by Professor Ujjwal Kumar Singh, who deepened our students' understanding of constitutional morality, historical transformations, and the vital role of women in the Constituent Assembly. Following the seminar, our students actively engaged in a realistic Mock Parliament session, dividing into Government and Opposition groups to debate legislative processes. The Government introduced the Clean Air (Regulation and Accountability) Bill, 2025, which sparked intense issue-based argumentation from the Opposition regarding public health and transport infrastructure. We were privileged to have Shri Lalit Sanwal enrich the debate with his expert insights on environmental governance and policy accountability. Alongside these debates, a vibrant poster competition allowed 13 students to creatively interpret democratic ideals, with Yamini and Anshu Kumari securing the top positions. This celebration perfectly exemplified our commitment to integrating experiential, simulation-based learning into our curriculum. By fostering critical thinking and civic responsibility, this successful initiative proved that our students are active democratic actors capable of shaping public life. I am incredibly proud of how this program combined theory and practice to empower our women students for future leadership roles. Moving forward,

we aim to expand these participatory platforms to continue breaking structural barriers for our learners.

The National Museum educational tour on November 29th successfully enriched our BA 5th Year students. I am incredibly proud of this insightful cultural initiative. The immersive visit offered our students a deep dive into India's vast heritage. It effectively brought historical lessons to life outside the traditional college classroom. I extend my sincere gratitude to our Principal, Professor (Dr.) Saloni Gupta, for her guidance. Her continuous encouragement and institutional support made this entire journey possible. I also want to highly commend our coordinating faculty members for their hard work. Ms. Anu, Mr. Vikas, and Ms. Arunima managed the logistics flawlessly. Their dedicated mentorship made this experience truly meaningful, memorable, and impactful.

The year 2026 commenced with "Building Financial Awareness for the Superwoman in You" seminar, which we conducted in order to promote financial literacy among our students. The stage was graced by Dr. Dayadhar Raj Srivastava, Ms. Alka Wahi, and Mr. Sandeep Kumar, who provided an insightful session on financial awareness. They aimed at developing financial planning skills, saving habits, investment awareness, as well as appealing to their conscience for financial independence. The session was attended by around 320 students, who participated enthusiastically and were appreciated with diaries, certificates, and refreshments for their presence.
Mens sana in corpore sano/ a healthy mind in a healthy body, is not just a philosophy we believe in, but also want our students to implement in their lives , and hence, we conducted a free health camp as well as a mental health camp. The Spring of Health was celebrated by conducting a free health camp mela in collaboration with BLK MAX on 1st February 2026. This initiative aimed at spreading awareness about several health issues and lifestyle disorders prevalent in recent times. Special credits to Dr. Divya (BLK MAX), who individually interacted with the students, enlightening and guiding them to pursue a healthy lifestyle. Dental checkup, eye checkup, blood sugar levels, blood pressure, bone mineral density, as well as pulmonary function tests were conducted as a part of this session. Addressing the rising mental health concerns recently, a mental health camp, "A Step towards Emotional Well- being" was planned on 1st February 2026. It aimed at spreading awareness about mental health, emotional balance and stress management among students. Ms. Poonam Gupta, psychotherapist and senior trainer (Expressive Arts and hypno-drama specialist), honoured the stage, with Ms. Neha Maurya, who conducted engaging activities, teaching students how to manage their emotions and remain optimistic.

To address these concerns, a Counselling Cell was initiated within the NCWEB framework to provide a safe and supportive space for students. The aim was to normalise conversations around mental health, encourage help-seeking behaviour, and ensure that students feel heard and valued. In addition, a Peer Support and

Counselling Club was developed, recognising that students often feel more comfortable sharing with peers. This initiative created opportunities for open dialogue, mutual understanding and emotional support. Such peer-based systems play an important role in reducing stigma and fostering a sense of belonging. When students support each other, it strengthens interpersonal connections and promotes a culture of empathy within the institution. Together, these efforts contributed to building a more accessible and emotionally aware support system.

To promote consistent emotional development, monthly life-skill-based themes and activities were introduced, ensuring that mental well-being becomes a regular and engaging practice. The initiative began in the month of February, with a Counseling Orientation Program to raise awareness about mental health and the importance of emotional expression. This was followed by a Gratitude Tree Activity, where students reflected on positive aspects of their lives. The activity encouraged appreciation, positivity and stronger interpersonal connection. In connection with International Women's Day, sessions on gender sensitivity and empowerment were conducted in the month of March. The Strength Wall Activity allowed students to recognize their strengths and appreciate others. This fostered self-confidence, inclusivity and respect for diversity. In April our focus shifted to resilience through the Bounce Back Board Activity and a street play. Students expressed real-life challenges and explored coping strategies. These activities encouraged emotional expression, collective understanding and the ability to adapt to difficulties. For May, we introduced to help students manage academic pressure in the month of exams. It will include stress management techniques, emotional regulation strategies and a structured study plan. This will be particularly relevant for students balancing multiple responsibilities. As a counselor, I believe that every individual has the capacity to grow, heal and contribute positively to the world. Often, all that is needed is a safe space, a listening ear and the right guidance. It is important for students to understand that seeking help is not a sign of weakness but a step towards strength. Expressing emotions, asking for support and taking care of one's mental health are essential aspects of personal development. Peace begins when individuals learn to understand themselves. When we become aware of our thoughts and emotions, we respond more mindfully, build healthier relationships and create a positive impact on others.

Encouraging a creative attitude in life, a 7-day workshop was organised in collaboration with Saksham Bharti from 5th to 12th April. Students showcased enthusiasm and participated in them according to their interests. The IT session emphasised developing computer skills, including Microsoft Excel practice, email writing and formal communication, an introduction to AI tools and digital resources, and basic computer and productivity skills. Nail art extension aimed at basic to advanced techniques, usage of tools and materials, and creative design patterns.

Nari Shakti Vandan Abhiniyam Bill was discussed in a session with our honorary guest, Ms Namita Choudhary (Advocate-on-record and certified mediator at the Supreme Court of India), raising awareness and fostering meaningful dialogue on women's empowerment and political representation in India. The event took place on the 12th of April, undertaking expert legal insights and practical understanding of the issue.

Besides these, there were several events and activities held by the Art and Cultire Society of the Centre, *Kalakriti,* including competitions and exhibitions. The Centre also organised the much-awaited Dholida cultural event in collaboration with the Bharati College Students' Union. A new body run solely by students, namely Campus Connect, was established to address the concerns of the students in the Centre.

The NCWEB Centre also released its Annual Magazine, VIHAAN 2026, on the theme "World Peace", with Chief Editor Mr. Ahmad Ishtiaque. Further, a significant initiative to expand the social media presence of the Centre has been taken this academic year. The Centre launched a YouTube video-learning initiative where students of DU can find video-study materials on the NCWEB Bharati YouTube channel on various papers and subjects of B.A. and B.Com. courses.

Conclusively, I want to express my gratitude towards our non-teaching staff members: Mr. Jitendra, Mr. Hemant, Mr. Sajjan, Mr. Kalendar, Mr. Nayak, Miss Sakshi, Mrs. Sushmita, Mr. Ramawadh, Ms. Kiran, Mr. Subhash, Mr. Ravi, Ms. Bharti, Ms. Madhulika for their incessant hard work and support for us. This token of thanksgiving has to be extended to our students as well as our teaching staff for their persistent dedication and sincerity which they have showcased to pave ways towards a brighter and progressive future for Non-Collegiate Women's Education Board, University of Delhi.

डॉ**.** अभिषेक पुनीत **/Dr. Abhishek Puneet**

शिक्षक प्रभारी **/Teacher-in-charge**

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